


## Download video from the Firefox browser & convert video to edit for use in PowerPoint & media projects

A Firefox add-on allows you to download videos from the Firefox browser onto your computer. “FLV to AVI MPEG WMV Converter” will convert Flash video into other formats. In the Interactive Media Center, these applications are available on the Windows XP machines. This handout walks the user through the process of downloading, converting and then exporting videos into the proper file formats for use in multi-media projects and PowerPoint presentations. Outside of the Interactive Media Center, go to Firefox Add-ons to add **[Download YouTube Videos + Flash Video Downloader / Download-Helper 3.3.1](#)** <https://addons.mozilla.org/en-US/firefox/addon/12984/> (accessed 4/25/2011). Also consider downloading: **[Freez Flv to AVI/MPEG/WMV Converter](http://www.smallvideosoft.com/)**, <http://www.smallvideosoft.com/> a free Flash video converter (accessed 4/25/2011),

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1. Open Firefox. Navigate to your desired video website. Select the video.
2. Click on the Video Downloader button located directly next to the address bar. 
3. The Video Downloader automatically downloads the Flash video to the computer and saves it to the My Documents folder.
4. To convert the FLV file into an AVI or WMV file, navigate to: Start > Programs > FLV to AVI MPEG WMV Converter. **If you are editing the video in Movie Maker or inserting it into PowerPoint, it must be converted to AVI or WMV.** Select Add. Choose the source file.
5. Select settings to select the output file type: AVI, MPG, or WMV.
6. Change the output directory to My Documents or your USB flash drive. The default output folder is C:\videoutput\  
C:\Documents and Settings\imc22\My Documents\
7. Select start.

