



Create an Image File from a Video Clip Using Image files in iMovie HD

capture a frame to add to a movie, a DVD theme, a PowerPoint presentation, and to print or to add to a web page or make a slide show

Capture a frame from a clip to create an image file

1. Follow the iMovie instructions to import a video clip. Drag the clip into the monitor window and play the clip until you are close to the frame to capture. Stop the video.

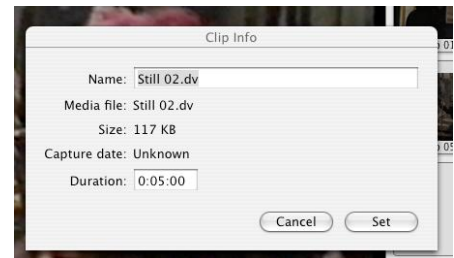
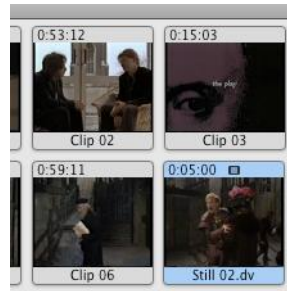
2. Cue to the desired frame. Place the playhead on the precise frame marking the image to capture. Advance to a specific frame by using the left and right arrow keys.



3. From the **Edit** menu, select **Create Still Frame**.

This creates a PICT file of one video frame; it appears in the clip viewer. A PICT file is a Macintosh-based image file. Note that it is now on the shelf as a separate file.

Double click on the clip to rename it. Clip will be approximately 5 seconds in length.

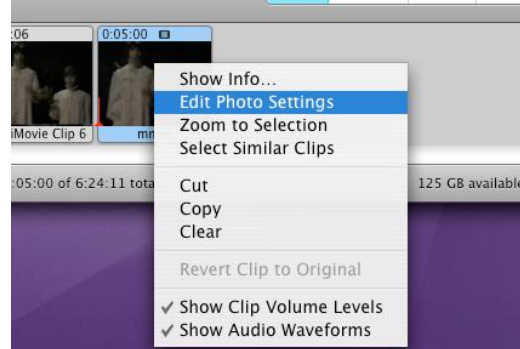


To use this still frame outside of iMovie:

Click on the Still to select it. Then select **File > Save Frame** (be sure to have the file selected in the iMovie screen). Save as a jpeg to the IMC Public folder or your own disk/device. **Please note:** the file's characteristics are set at 72 dpi and measure 640 X480 pixels. While this makes for an excellent image displayed on screen the print quality may be poor unless you print a smaller version of the file. In Photoshop, select Image > Image Size. Do not select resampling image; select constrain proportions and adjust in inches (see the Adobe Photoshop handout for detail). Select Save As. Change the format to tiff to print. For use on the web, in iDVD, PowerPoint or as an email attachment select jpeg format. To use the still in iMovie, Save As a PICT file.

Edit the image/still frame for use in iMovie

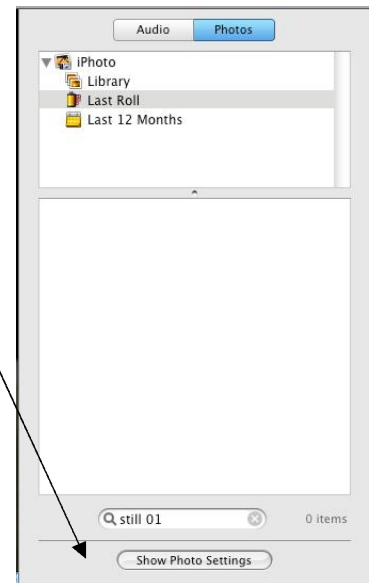
To change the duration or effect of the still frame you will need to first save the frame as a jpeg as stated in the above paragraph. Then, drag the jpg file onto your timeline. Right click (or control + click) on the frame and choose the **Edit Photo Settings** option from that menu. The menu will look like this:



Once you have opened the Edit menu you will see a screen that looks like this:

To open the menu for the actual still frame click on **Show Photo Settings**

You will a screen that looks like this and from that screen you can change the duration of the still and/or apply the Ken Burns effect



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For help, complete the online iMovie tutorial from the Help menu available within the iMovie program. iMovie tips are available at http://www.atomiclearning.com/imovie_hd_6 (accessed 10/10/07) A manual is also available for a 4 day loan; ask for IMC CMEDIA TR 896 C375X 2006