University Police Department at the University at Albany. Police at UAlbany, Aran Mull, said the report was of a university employee who had a heart attack and ultimately died. The employee was working at the time of his death.

“Student... here have folding cranes and helping us get to our goal... Varying faith groups on campus were really instrumental in helping us. We were also in partnership with the peace action group on campus. Our focus for this week was to be witness to greater peace and hate crimes,” Heinly said.

To support World International Peace Week, which began Sept. 21, the Interfaith Coalition hosted activities every day to create a compassionate and more harmonious campus. Students get to sign a peace board to write about mean things which were said to them, in hopes to create greater peace and understanding for each individual. World Peace Week promotes non-violence throughout the world beginning on the UN International Day of Peace every year, acknowledged by the World Council of Churches.

“Love yourself and love oth- erly, today we come together... Many faiths and many people, in acceptance and love of one another despite our differences,” Jordan Emily Elizabeth Zewdey, president of the Newman Catholic Association and member of the Interfaith Coalition, said.

“Many people from different faith groups attended the cere- mony, including Connecticut Campus Ministry pastor Sandy Dambro, Rabbis Mendel from Shaaray House, Muslim Student Association members Nikolai Jain and Stearns, and various members of the Newman Association.”

The vigil was complimented with peace cranes that hung on strings and covered the grounds near the podium. Names of victims of gun violence were read aloud with a moment of silence and some stories were shared near the small fountain. “I want everyone ‘to call it when they see it’ when they see oppression. There were so many people in the 1930s and 1940s and throughout history, not just the Holocaust, who saw horrible things going on and didn’t take action or call it. I don’t want people to just feel peaceful, but to also call out people who are impeding peace because that is the only way to make the world a better place,” Austin Horv, the treasurer of Hillel, said.

“We are here tonight because, ‘I don’t want people to just feel peaceful, but to also call out people who are impeding peace because that is the only way to make the world a better place.” — AUSTIN OSTRO, Treasurer of Hillel

The Albany Student Press will be updating the story online as we receive more information. Please visit http://www.albanyinterfaithcenter.org.

UAlbany students and staff gathered around the small fountain in front of the Campus Center on Saturday with candles to both celebrate and commit to peace.

MALLARD, Executive Director of University Auxiliary Services, Stephen Pearse, said meal trades are no longer possible due to the renovation in the Campus Center. There are not as many catenaries open to students. "When you look at the sheer number of transactions through meal trades... with the reduced number of locations, there were not enough locations to handle that type of business," Pearse said. "Pearse said students would have to wait in line for an extended amount of time to get their food.

"It would be crazy. You could just feel peaceful, but to also call out people who are impeding peace because that is the only way to make the world a better place.” — AUSTIN OSTRO, Treasurer of Hillel

The peace vigil was Healy's idea, she added. Many students appreciated the ceremony, saying that the event was beautiful. "I don't want to try to further that dream and make peace," Rachel Gomez, vice president of the Interfaith Coalition, said. The Interfaith Center strives to facilitate interfaith activities and encourage spirituality for students, faculty, staff and alumni. For more information, please visit http://www.albanyinterfaithcenter.org.

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**From the Sept. 21, 1975 issue of the Albany Student Press:**

Leakage into the lecture centers forced the University at Albany to spend approximately $200,000 to chop down trees, install new flooring along with the removal of some shrubs and soil around the area.

Recently, trees around campus have been removed due to construction. Many of the trees that were recently removed also were affected by diphyllolepis, which is a fungi that rapidly spreads through trees.

Nicholas Ronaldi / Albany Student Press

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**MIDDLE EARTH**

Late for Life: What should I do?

Dear Middle Earth,

I need help! It seems as if you are not on time. Things like class, meetings, work, and other things that are important are not happening on time, and it is a problem. I understand that the lateness problem does not just affect me, but many others as well. Whenever I go out with my friends, I notice that they are late. Sometimes, it is because I am late too and I don’t realize it until later. I would like to improve this and be on time. Any suggestions? Thanks! Annoyed with my life.

By asking your question, you are first of all highlighting a problem that affects many people, both those who are on time, and those who are not on time. In some cases, lateness can also be a problem that leads to negative consequences in one’s life. For example, if you are not on time for an important meeting or appointment, you may risk losing that opportunity. Lateness can also be a sign of disrespect towards others and can cause frustration and anger among those who are waiting on time.

One thing you can do to improve your punctuality is to set a strict schedule and allocate enough time for each activity. This includes accounting for delays, such as getting gasoline or cash on the way to meet friends. If activities always seem to take longer than you think, add extra time to your schedule for each activity. It may be helpful to think about your daily routine and identify ways to improve your punctuality.

Another suggestion is to use a timer or alarm to remind you of important events. Setting reminders can help you stay on track and be prepared for upcoming activities.

In conclusion, being on time is essential to those on campus that have different variety of commitments. The devastation caused by lateness can be minimized by setting strict schedules and allocating enough time for each activity. This includes accounting for delays, such as getting gasoline or cash on the way to meet friends. If activities always seem to take longer than you think, add extra time to your schedule for each activity. By setting reminders and using a timer or alarm, you can improve your punctuality and be on time for important events.

Best, Emily Buss, Class of 2017

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**DANES SAY WHAT?**

This week, we asked students:

Do you prefer the new Jazzman’s Cafe or the old Union Commons?

“I definitely prefer Uncommon Grounds. It is an ice cream shop and has a variety of options compared to Jazzman’s. The beverages at Uncommon Grounds are better than Jazzman’s and the ice cream is just better.” - Calisa Grant, Class of 2015

“I think Jazzman’s was a great addition to the campus center. Jazzman’s Cafe not only has the same menu as the old Union center, but the prices are lower. I like UAlbany.” - Jenessa Wilson, Class of 2015

“I like Jazzman’s Cafe better than Uncommon Grounds. It was a great addition to the new beautiful campus center wing. Jazzman’s Cafe not only has a variety of menu options but also has the same menu as the old Union center.” - Chloe Sumner, Class of 2017

“I think Jazzman’s was a great addition to the campus center. Jazzman’s Cafe not only has a variety of menu options but also has the same menu as the old Union center.” - Emily Buss, Class of 2017

“I prefer the new Jazzman’s Cafe. The beverage option and the variety of food options compared to Jazzman’s. The beverages at Uncommon Grounds are better than Jazzman’s and the food choice is just better.” - Madeleine St. Amour, Editor

“I think Jazzman’s was a great addition to the campus center. Jazzman’s Cafe not only has the same menu as the old Union center, but the prices are lower. I like UAlbany.” - Madeleine St. Amour, Editor

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“I totally prefer Uncommon Grounds Jazzman’s Cafe. It promotes a more lively social atmosphere and has a nice atmosphere. Jazzman’s Cafe has different variety of eating preferences.” - Emily Buss, Class of 2017

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**COMPANY:**

Madeline St. Amour

Albanys Student Press

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**EDITORS:**

Madeline St. Amour

Production/LAS@SPHALBANY.EDU

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Madeline St. Amour

**PRODUCTION**

Albany Student Press
OUR FUNDS HAVE A RECORD LIKE A BROKEN RECORD.

TIAA-CREF: Lipper’s Best Overall Large Fund Company three years in a row. For the first time ever. How?
Our disciplined investment strategy aims to produce competitive risk-adjusted returns that create long-term value for you. Just what you’d expect from a company that’s created to serve and built to perform.

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THE TRUE DEFINITION OF FEMINISM

BY KEVIN MERCADO

A

I feel the need to explain a concept that has been ingrained in our heads for centuries, but is now commonly misconstrued and misunderstood: feminism.

I feel the need to explain what this term truly means because it is no longer being used to properly explain what it means or what it represents.

First, the Merriam-Webster dictionary defines feminism as “the belief that women and men should have equal rights and opportunities,” and “organized activity in support of women’s rights and interests.”

This means that there is a belief in the equality of men and women, but not necessarily in equal opportunities for women in the same realm that men have an equal opportunity. For example, women may have access to the same rights and opportunities, but the same amount of money in each field. This would indicate that women have equal rights in some areas, but not in others.

Now, it is no surprise that men have been known to be the dominant sex for many generations. In this day and age, this does not have to be our only truth, and this is where feminism comes into play.

The first-wave of feminism occurred in the late 19th and early 20th centuries. Martha Fawcett wrote, for the Pacific University Center for Gender Equity: “The goal of this wave was to open up opportunities for women, with a focus on suffrage. The wave formally began at the Seneca Falls Convention in 1848, when 300 men and women rallied to the cause of equality for women. Elizabeth Cady Stanton drafted the Seneca Falls Declaration outlining the new movement’s ideology and political strategies.”

Men and women alike recognized the need for women to have the right to vote as men had, which was then passed as the 19th Amendment. From there the second and third waves of feminism occurred, giving women the opportunity to be equal rights regarding the laws and to be able to take ownership of their sexuality, putting to rest the notion that they are “pure and black.”

I make this historical contextualization of the beginnings of feminism brief because I want to point out today’s culture of feminism.

Of course feminism, for people who do not understand the term, is not affiliated at all with “femininity.” This is an act that some women took in the 1990s to show their independence from men in support of women’s rights. This is one of the reasons why I feel the need to explain what this term has undergone, and quite possibly the most rapid.

This doesn’t mean that all feminists were burning their bras. In fact, it is said that only a few women were, according to a Time article written by Jennifer Lee.

But it is true that the 1890s was the birth of America’s, but that the image persists shows how full of holes our knowledge is of the Women’s Liberation Movement.”

This association needs to be amended in my opinion as well.

Feminism at its core simply seeks to appropriate women to the same standards as men. I believe that everyone should have the same mind-set in this society. I firmly believe that, when trying to understand feminism, the role of men should not be undermined or diminished.

Feminism is not an attack on the male gender but rather an aim to relieve men of the standard that they have been living at for centuries. Men should not be reduced to nothing in order to bring women up higher in society.

Feminism does not create this imaginary scale that needs to drop to one side in order to create a fully feminine society. Feminism seeks to raise the standard for women in their own arena, based on basic human rights to the level that they have not been at for centuries.

I think this generation needs to open up a book or two and understand the history of feminism and what it means to be a feminist. It is not solely praising women or forgetting men, or thinking that women are better than men. We need to erase that we think of feminism and the associations that it came with and understand that every human has rights that should not be undermined or diminished.
Why students should attend office hours

By DIEGO CAGARA

As a University at Albany student, one of the reasons I have a good grade is because of my professors. Some of them talk about the society we live in, some of them talk about the world and its complexity, and some of them talk about their personal experiences and how they are related to the course. My professors have been instrumental in my success in college.

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Naturally, there are some students who are not from American and are more likely to be interested in current events and are more likely to be interested in current events and are more likely to be interested in current events and are more likely to be interested in current events and are more likely to be interested in current events.

As individuals, we hate coming off as unintelligent if we have questions about something, making it feel daunting to approach a professor who could perceive you as such. There are many benefits of attending office hours even one time. If a professor is approached, a number of the following benefits will be gained.

1. One will be able to understand something he or she didn’t quite get from class and the professor can reiterate the misunderstanding with more detail the second time around.
2. Approaching a professor for help shows him or her that the student is indeed concerned about his or her grades and takes the class seriously.
3. The professor will actually learn the student’s name, remember it and get a feel of who that person is as a student, especially if that student makes regular appearances at the office. They won’t just be some name on an attendance list.
4. If the class is relevant to one’s major, the professor could, in turn, know the student better. The professor could perhaps serve as a mentor and give professional advice.

In the end, one of the reasons I have a good grade is because of my professors. Some of them talk about the society we live in, some of them talk about the world and its complexity, and some of them talk about their personal experiences and how they are related to the course. My professors have been instrumental in my success in college.

Student artist Ashley Powell hung several signs that read “White Only” around the campus of the University of Buffalo campus in mid-September. This artist’s creation is real. It makes people think, because it’s not something that has been bombarded with other students who have questions of their own. Also, if a professor’s office hours clash with a student’s own schedule, it would be best to inform him or her so a compromise can be found.

Office hours can be a better option than simply approaching a professor right after class. It is possible that one may immediately have to rush to his or her next class, have time-consuming discussions to discuss, or the professor may already be bombarded with other students who have questions of their own. Also, if a professor’s office hours clash with a student’s own schedule, it would be best to inform him or her so a compromise can be found.

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ART EXHIBIT

‘BREATHING LIGHTS’ BREATHES LIFE INTO THE CAPITAL REGION

By ELIOR MOSKOWITZ

“Breathing Lights,” a public art piece put up by University at Albany Prof. Adam Frelin, architect Barbara Nelson, and managed by arts management expert Judy Colville, is utilizing economically disadvantaged spaces in Schenectady, Albany and Troy as a canvas to open a dialogue about vacancy in urban areas within the Capital Region. Hundreds of buildings are constantly left vacant by former inhabitants who relocate from these areas, leaving a lifeless feel to the cities while decreasing the property value of the neighboring homes. Vacancy is asinent that is prevalent in the Northeast, typically in former manufacturing hubs.

There has been a large effort on the part of these towns to revive these cities and restore their former vibrancy through renovation. The Breathing Lights project, expected to show in the fall of 2016, takes a novel approach to renovation through creative artistic display.

The construction of the project consists of LED lights that will be bound in adobe and fiber optic to the interior windows of these vacant homes. The lights, which will be hidden by batteries and chasms, will illuminate the buildings one by one, creating the illusion of a breathing presence still occupying these homes through ethereal warm glow.

Frelin said that the idea for the piece was originally generated for the Bloomberg Philanthropies Public Art Challenge, for which the prize is a $1 million grant. In collaboration with Nelson, Frelin wanted to create an interactive display with a meaningful message while taking advantage of technology.

While reflecting on what this particular region has to offer, Frelin and Nelson thought of the history of lighting, which the Capital Region contributed to substantially (General Electric, or GE, in Schenectady was formed in 1894 by Thomas Edison and inventors). Moreover, Frelin wanted to design a lighting display that would unite communities from the past to the present. GE builds while being a captivating and digestible way.

Frelin said that the intention of the piece was for viewers to want to seek out more information on the issue as a result of stumbling across the project “by accident.” Unlike many platforms for social issues, “Breathing Lights” is an attempt to subtly and beautifully lead its audience into discussion out of their own interest and curiosity.

Frelin said that the project is charged “to meet what one needs.” With the many contributors to the production including architects, students, engineers, artists, product developers, and policy makers, “Breathing Lights” is a multidimensional project meant to serve many purposes to many different people. Frelin specifically wanted to weave more cohesively into the fabric of our everyday lives.

“I want people to feel the experience of living amongst lights,” Frelin said. “We don’t have much of that here.”

In addition, Frelin said that the team hopes to “create leverage and provide a platform for others to get on board.” The project has been met with immensely positive responses in all corners of the Capital Region. The College of Arts and Sciences at UAlbany, as well as the Albany Foundation, are given a particularly notable mention in this effort. The mayors and organizations in each targeted city have also been extremely supportive.

The production team has partnered with an organization in each city that it extends to for its hub of community engagement located within each city that will allocate a given portion of the allocated funds towards art outreach specifically as pertaining to issues of vacancy. It is up to each organization how they chose to develop their own unique curriculum of arts education and advocacy.

At the culmination of the project, there is a planned event that will take place at picturesque in Schenectady, joining the people from these neighborhoods with policy makers and others in a series of discussions about the issues of vacancy and art.

With the money that could have been allocated to renovating about four homes, Frelin and the rest of the team generating “Breathing Lights” have managed to create an extensive network of outreach and impact the lives of many in the Capital Region. Frelin emphasized the importance of artists to “go with [their] gut.”

“Keep close contact with what you’re feeling and what motivates you,” Frelin said.

This advice can be universally applicable to anyone who would like to make a difference in the world and a positive, lasting impact.

MINIATURE LED strip lights illuminate a row of vacant houses in the Capital Region.

AWARDS

HBO sweeps the Emmys

By RUSSELL OLIVER

Residents of Westores can rejoice as the beloved fantasy series “Game of Thrones” finally won the Primetime Emmy Awards for Outstanding Drama Series this year after five consecutive years of nominations in that category. “Game of Thrones” also set a new record with most awards during its seventh year by winning 12 awards out of 24 nominations.

The 67th Primetime Emmy Awards ceremony recognized the year’s most outstanding American prime-time television shows and was held on Sept. 20. The show was hosted by Saturday Night Live” alummo Adam Sandler for the first time. While his host The Lonely Island didn’t appear, Sandler did open the show with a musical monologue that parodied many of the television sitcoms shown and continued with an ode to his time on the show with a forecasting that “Jason Timberlake isn’t coming.”

Sandler shocked the likes of Bill Copsy, Donald Trump and Paula Dean during his monologue.

“I just met my dream Bernie Sanders. Always look like his flight attendant.” Sandler had also joked of the democratic candidate.

HBO continued its winning streak by winning a total of 41 Emmys in multiple categories from both the Primetime and the Creative Arts Emmy Awards. The network won for its shows “Veep,” “Olive Kit- teridge,” “Homest,” “Boardwalk Empire,” “Silicon Valley” and “Game of Thrones.”

“Game of Thrones” and “Veep” both took home Outstanding Series in their respective categories. Julia Louis-Dreyfus won for Outstanding Lead Ac- tress in a Comedy Series for her role as President Selina Meyer in “Veep.” Peter Dinklage of “Game of Thrones” and Tony Hale of “Veep” each won for Outstanding Supporting Actor, while shows also won awards for Outstanding Writing, Directing, and Supporting Actors.

HBO’s loaded minibuses “Olive Kitteridge” managed to sweep the limited series categories in 1989 by Thomas Edison and inventors. Moreover, Frelin wanted to design a lighting display that would unite communities from the past to the present. GE builds while being a captivating and digestible way.

Frelin said that the intention of the piece was for viewers to want to seek out more information on the issue as a result of stumbling across the project “by accident.” Unlike many platforms for social issues, “Breathing Lights” is an attempt to subtly and beautifully lead its audience into discussion out of their own interest and curiosity.

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In addition, Frelin said that the team hopes to “create leverage and provide a platform for others to get on board.” The project has been met with immensely positive responses in all corners of the Capital Region. The College of Arts and Sciences at UAlbany, as well as the Albany Foundation, are given a particularly notable mention in this effort. The mayors and organizations in each targeted city have also been extremely supportive.

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**LOCAL MUSIC**

**Capital Region punk scene through patch**

By ELI ENIS

The Capital Region’s hardcore, metal, and punk scene is currently in the doldrums. Over the past few months, attendance at shows has been dropping, and while some have blamed this on social media, rising ticket prices, or a general downturn in attendance, others have suggested that the problem may be more significant than that.

On Sept. 13 David Asylum and Valente Valente, the owners of Upstate Black N’ Blue, Albany’s club that provides a venue for hardcore agency for hardcore, punk, and metal bands — hosting an open meeting to discuss the state of the scene and exchange ideas on how to improve attendance. The meeting was held at The Fuze Box on Central Ave. in downtown Albany, which has become the primary venue for shows since the closing of The Albany Region on Ontario Street last May.

Asylum has been booking shows in Albany for 10 years, which has given him insight into the fluctuations of the scene, as well as what is needed to keep it going. He has booked several shows at other venues in the Capital Region, and has witnessed the strong attendance that the scene once had and the lack of attendance that it’s seen in recent years.

“This year has been really tough,” Asylum said to the crowd of 50 or so people. “It seems that attendance is closed off for a lot of people, and it’s not clear why.

The 34-year-old has been booking shows since 2009, and over the past few months, attendance at shows has been much lower than normal. The club has seen a decrease in attendance, and the scene has become more challenging to promote.

“Social media isn’t the answer,” Asylum said. “Facebook is letting us down. There’s no reason for people to come to our shows. It’s not just about the shows, but the community as a whole. We need to bring that back. We need to bring that back for the good times, and they don’t seem to be coming.”

Asylum said that many people don’t even realize that a show has happened and sell them that they are going to a show they don’t even want to go. He and Valente both agree that it is important to go back to the old-fashioned way of selling shows, as it is the solution to this problem.

“Some people are saying, ‘Why don’t we sell tickets online?’” Asylum said. “It’s not that bad. We’re selling tickets online now, but we need to find a way to bring people back to the shows. We need to bring that back.

For bands, it is important to reach out to their potential customer base to see if they are interested in coming to the show. It’s about making sure that people are aware of the shows and that they are willing to come.

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Asylum said that many people don’t even realize that a show has happened and sell them that they are going to a show they don’t even want to go.

Asylum and Valente embodied the two sides of hardcore and punk music that I believe is the heart of the business to make money. The two actually often lose money on shows but being in this business has given them, and most of the other frequent attendees, a sense of purpose. It’s not that bad. We’re selling tickets online now, but we need to find a way to bring people back to the shows. We need to bring that back.

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**Shyamalan face plants in the right direction**

By THOMAS KIKA

**The Visit**

“The Visit,” the latest film from “Sixth Sense” director M. Night Shyamalan and the next in a long line of his ambitious and often belatedly anecdotally narrated, never really accomplished anything it sets out to do.

The 46-year-old has been involved in the film industry for over 20 years, and has been involved in many other successful projects. Shyamalan has been praised for his talent and his ability to tell a compelling story, and has been involved in many other successful projects.

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The first problem with all of Shyamalan’s films is that they do not have anything to do with the film’s theme or plot.

Still, the very fact that it feels like a noble failure, and for that reason alone, a positive film. Not only is it a noble failure, but it feels like a noble failure, and for that reason alone, a positive film. Not only is it a noble failure, but it feels like a noble failure, and for that reason alone, a positive film. Not only is it a noble failure, but it feels like a noble failure, and for that reason alone, a positive film.
Students, bemoaned Prof. Mark York Times asking “What’s phone. lack of visitors. Then I figured colleagues report the same new ones stop by. Exam time buy back old texts or peddle will knock at my door looking lost in the Humanities Building catch up on email, do our own around for students who do not visitation times.

Who needs office hours?

But last May an English We post our open-for-

Who needs office hours?

Marriage and Family Therapy

Global Health

Nutrition Science

Social Work

Sport Venue and Event Management

Trauma Studies

Falk College of Sport and Human Dynamics

4 p.m., November 6
Syracuse University Falk College

Visit SU’s Falk College and learn about graduate programs in:

Addition Studies

Advising

Child and Family Studies

Food Studies

Global Health

Health

Marriage and Family Therapy

MEALS

Continued from Page 1

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2. We can guide you in in-

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Think Syracuse University! Graduate Program Info Session

Friday, November 6
Visit SU’s Falk College and learn about graduate programs in:

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FROM THE COVER


TUESDAY, SEPTEMBER 29, 2015
ALBANY STUDENT PRESS

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Duquesne up 7-0.

Douglas dove into the end zone from conversions, running back Rafiq drive, the Dukes (2-2) marched down on its opening drive. On their first for. It's just odd."

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At Duquesne University, University

TUESDAY, SEPTEMBER 29, 2015

Defense shines in come from behind win

By AARON CHERIS

DANES DISPATCH DUKES

TUESDAY, SEPTEMBER 29, 2015

Great Danes football

GREAT DANES FOOTBALL

Defense shines in come from behind win

By LAMYA ZIKRY

For a person who is constantly under the spotlight, Alana Brennan, goalkeeper for the University at Albany women’s soccer team, always finds a way to remain positive.

"I don't know who I am and everyday I'm just surviving," she said. "I'm just learning to laugh at myself everyday.

But she knows what she wants. Brennan is committed to going to Stony Brook University for her fourth year, but she's also still working on preparing herself in the classroom.

"We're just one of the most humble, down to earth people I've ever had the pleasure of knowing," Randall said.

Growing up Brennan played soccer every day. She enjoyed going to tournaments. "I knew my whole life that I wanted to go to Division I sport, and soccer ended up being my decision since I was a freshman year of high school," she said.

Brennan ended up playing soccer when she was 5 years old after her older brother showed her basketball and softball, but soccer became her sport and focus in high school.

"Once the ball was in the air, in my mind it was mine, and I wasn't going to be denied that," Brennan said.

"Our offense is still a work in progress. We're still working on something you could prepare yourself in the world for me," Gattuso said.

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