Sex assult forum held after attack

By ILENE ROTHMAN

Following the Oct. 23 sexual assault incident on the University at Albany campus, student organizations are recognizing the importance of having open discussions about issues that students are facing on campus, as well as ones they may unfortunately have to deal with in the future.

The Women Excelling in Business Club invited all members of the university to attend an open forum on Thursday about sexual harassment in the workplace, led by UAlbany’s Title IX Coordinator, Chantelle Cleary. The club supports students wishing to learn business skills and network with professionals alongside other students who actively advocate for women to excel in the currently male dominated business world.

“Sexual harassment is the unwelcome conduct of sexual nature that is sufficiently severe, persistent or pervasive,” according to Cleary who said this is the most currently used definition of sexual harassment.

UNINVITED, WINTER ARRIVES IN ALBANY

Albany’s first snow of the season came almost a month early this year. A passing snow shower on Thursday, Oct. 20, covered the campus and greater Albany in a thin sheet of snow, heralding what some fear may be winter’s premature arrival. Typically, Albany records its first average snowfall on Nov. 16.

Future Danes

Scavenger Hunt Gives Students Taste of College

By ELISE COOMBS

A tour in the form of a scavenger hunt was led by University at Albany tour guides to give sixth grade students from Stephen and Harriet Myers Middle School a taste of the college experience.

After gathering into six groups in front of University Hall on Friday, the students raced across campus and make it to Casey Stadium first. Along the way, volunteers stationed at strategic positions handed out the next clue to the students.

Motivated by the prizes up for grabs at the stadium, some students were especially competitive as they eagerly ran ahead. Other students trailed behind, speaking amongst themselves and the tour guides.

Tour guide Anthony Dabbi talked.
Haunted House Offers New Perspective on Domestic Violence

BY JASMINE MILLNER

The nomination period for the University at Albany’s Annual Terra Awards has just come to a close, and winners will be announced Nov. 18 during the annual Student Government Recognition ceremony.

The Awards, presented every semester by the Office of Sustainability since 2013, recognize individuals on campus who have been making an effort in the area of sustainability.

“There are so many people doing great things to advance sustainability on campus,” Mary Ellen Mallia, the director of the Office of Sustainability, said. “We hope that this award will assist in recognizing them … as well as inspire others to action.”

Students, faculty, and staff were able to nominate a candidate, including themselves, for involvement on MyInvolvement until Friday Oct. 28.

There are separate prizes for students, staff, and student workers. Students can choose between a half-price pass to GreenFest and saving wind farms, according to Mallia. Her office currently works with TerraPass to make it easier for students to act.

“We purchase the equivalent of carbon dioxide a per recipient,” Mallia said. “That is roughly the equivalent of driving 9,500 miles a year or 6 months of electricity use in the average home.”

Elaine Gordon, the administrative law judge for the Office of Sustainability, added that the Terra Award last fall semester for teaching classes focused on sustainability and chose the carbon offset award.

“My work is in the area of climate change so it was the right choice for me,” said Gordon. She believes the awards should have more publicity within the university to draw more attention to sustainability.

Michael Paolicelli, a cybersecurity major, said, “I believe a sustainable mindset should be rewarded.”

“Is it the direction we’re heading towards, so encouraging the sustainable mindset can help the idea grow.”

A sustainable Terra Award member is a person who has been making an effort in the area of sustainability since 2013, through the senate, Nanavaty and Warshauer. Being the highest paying position in SA alongside the comptroller and that’s all I really have to say about that,” Cech said.

“Despite opposition, Mosby chose to appoint Cech in a 5-2 vote. She believes that Cech was the right candidate and breaking the candidate and credentials, senators blocked from the position as comptroller duties as fit with comptroller duties as well as her experience as a finance majoring in economics.

“I’m just here to stop in and do as much as I can and I think I do that, and that’s all that I have to say about that,” Cech said.

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RES LIFE

Continued from Page 3

payment methods are currently unavailable, Residential Life reported.

Partial-board for student workers in Residential Life is common in the SUNY system. Throughout the state, UAlbany sistemas partial-board to RAs to offer compensation for RAs.

But the overall peak to restrict RAs payment has not passed through Residential Life, McCurdy said.

Some RAs spoke against the change at staff meetings and met with university officials to discuss compensation concerns earlier this semester.

Multiple RAs declined to comment.

Charla Rogers, the director of Residential Life, believes that a partial-board system would face resistance from RAs with yearly turnover.

“It was determined because a lot of them are juniors and seniors that work. We believe over time it will be okay. If consulted, Rogers said department supervisors would be superior to direct

compensation by alleviating the debt load from residential fees for RA graduates.

Regardless of the final decision, Residential Life remains opposed to bringing back paychecks despite some RAs dissuading the change.

“I have a lot of friends who’ve been involved in research that’s going to be evaluated by the Trump administration,” said one student.

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OTHERS. You may find it helpful to make a list of various feelings (e.g., delight, sadness, fear, inconstancy, etc.) and spend some time reading over the list to see if you are aware of having experienced some of them. Feelings are also connected to your behavior. If you are not sure how you feel, but you realize that you are acting in a pattern that sends a transparent message to the way - just as a halfback would lead a halfback in a griddle battle. Consider two students receiving the same grade on an exam, yet one feels a positive response, while the other a negative. The event was the same, but the common commonalities of problematic family rules include an unwritten expectation that you should not express anger, should ignore your feelings, and should be happy all the time. As a child growing, you may not have been aware of your family’s ways of expressing emotions, but as an adult you have more options, including replacing those rules which are not helpful.

Learning to experience your feelings fully and expressing them in ways that are adaptive and healthy is not a simple process. But be patient...if you listen to feelings and are aware of them, everything will fall into place.

Feeling is telling me about this situation? What result am I hoping for? What are the consequences of each option for me? What are the consequences of each option for others? What judgments am I making about this event? What are my options for expressing my feelings? What are the consequences of each option for me?

This is where decision-making comes in. You have some questions to ask yourself when deciding how to respond to your feelings. What judgments am I making about this event? What are my options for expressing my feelings? What are the consequences of each option for me? What result am I hoping for?

Finally, keep in mind that our families have a huge impact on the ways we express emotion, whether we realize it or not. It is very important to understand the patterns of expressing feelings that we learned while growing up, particularly if you experienced non healthy ways of communicating feelings. Learning to experience your feelings fully and expressing them in ways that are adaptive and healthy is not a simple process. But be patient...if you listen to feelings and are aware of them, everything will fall into place.

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Academics

SOMETIMES, GREAT MINDS WORK BEST ON THEIR OWN

By DANIEL PINZON

“Professors love to simulate the idea of how you work with your own mind in real life,” in the class environment. Which although may have its advantages, doesn’t take away from the fact that it’s annoying to endure. There’s a chance the group is composed of amazing people who may be engaging, but then again there’s a chance the group is assigned to you is a horrible and more damaging than helpful.

Professors do give you the point when they assign to similarly to other class mates for group projects. Ultimately, groups are a double-edged sword for everyone. However, there seems to be too much emphasis on working as a team in the college curriculum. As I enter higher level classes, it appears that all I’m ever doing is work with others. While my team members are excelling in their work and understanding the material, I’ve experienced groups in which I had to work with the wrong types of individuals. I’ve also been in groups in which my team members had to work with people I didn’t feel comfortable. And it’s not fun being in either position.

This may happen in your workplace, there’s a key difference however. In your workplace you can create projects and actual work. The incentive for working is money, for the incentive of college work it is a decent grade. There will be circumstances in which a person is not obligate to work with others. And although may have its advantages, doesn’t always have to work with others.

Don’t Be Dumb With Your Smartphone

By DIEGO CAGARA

Having a smartphone is undoubtedly convenient. As a student at Albany, you can use your smartphone to access a virtual menu that help the user navigate through your busy college. You can put into relaxation mode as the App Store provides a seemingly endless plethora of games, it can also help your renewed work ethic. Most of them are other apps that deserve some love too.

Alas, here is a list of some of the best apps I came up with that are on your smartphone.

Pocket

You can also save videos and images, and have difficulty just sitting down and finding the article in websites where we may be running to class or实验室 to study. You can then save an article onto your smartphone. Perhaps you found an intriguing article, story or even a piece of fanfiction that you want to spend time reading. You can also save videos and images so you don’t feel so limited. While it has a simple interface, Pocket still works as a great tool to help you keep track of your readings. You can create an account on another device and it’s all right there again.

Google Calendar

Google Calendar offers a way to have the only thing that the students have to focus on throughout the semester. We have to set aside time for the different activities we have to do. It is that every day you can set as many notifications in terms of what is currently open, if it’s cheap or more expensive, provides delivery or has another setting, for example.

Yelp

As the semester runs on, you may be getting tired of the pricey food outlets, vending machines and snacks campuses office. While convenient since they’re easily within reach, perhaps you want to check out a new place, restaurant, bar or cafe since studying can be difficult with an empty, stuffed stomach. Yelp allows you to search any type of food you’d like near you and gives it a rating. After setting your current location in the app, you can edit the results in terms of what is currently open, it’s cheap or more expensive, provides delivery or has another setting, for example.

Pocket

Pocket Since we live in such a rapid-paced university where we may be running to class or laboratory to study, you can sit back and find time to read something that works. But if you accidentally spill coffee over your device or drop it, you may lose your notes. And there are other apps for students that work and understanding the material, the person is not obligated to work with others. And although may have its advantages, doesn’t always have to work with others.

Tech

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MEL GIBSON RETURNS WITH GRIPPING ‘HACKSAW RIDGE’

By DANIEL RUSSELL

After a ten-year hiatus, Academy Award winner Mel Gibson has returned to filmmaking with his World War II drama, “Hacksaw Ridge.” The film revolves around the story of Army Medic Desmond Doss (Andrew Garfield), who saved over 75 of his fellow soldiers during the Battle of Okinawa. A very religious man, Doss did not carry a weapon during battle, believing that killing men was a sin, even in the context of war. Under constant enemy fire, we see the measures that Doss goes to, so that he can save every man he can.

The film is divided into two very distinct sections. The first details Desmond’s life before the war, including his childhood, meeting the love of his life, and his early struggles in boot camp. The second section takes place over the course of a few days in the Battle of Okinawa, where we see Desmond fighting (not literally) to save every life he can. Although going from the first section instantly to the second creates a tonal whiplash, it helps to remind us the hell these men had to go through, and how dangerous Desmond’s situation is. Gibson makes the wise decision here to stick mostly to Desmond’s story rather than getting into the messy politics of the war, telling us a unique story rather than one we’ve already heard before.

Another interesting story decision here is how exactly Desmond is portrayed. Rather than sticking to the “rookie suddenly turns into hardened veteran” cliche, Desmond is primarily portrayed as a man just simply doing his job. When he gets his time to shine, he doesn’t suddenly become a supersoldier, brushing off shots left and right; he’s a scared man using all his bravery to save everyone that he can, risking his life in the process. Part of the reason why this portrayal is well done is due to the performance of Andrew Garfield as Desmond. He fully succeeds in making sure Desmond has a heart of gold in the first half of the film, and fully succeeds as a scared yet brave man in the second half. It’s a layered performance here that Garfield lands easily, and the cast around him is great as well. Both Vince Vaughn and Hugo Weaving stand out as Desmond’s Sergeant and Father, respectively. They both start off antagonistically towards Desmond, but as he begins his transition towards a heroic medic, he gradually gains both of their respect, showing them that he is much more than what they had originally thought he was.

As is expected with a Gibson film, there’s a moment about two-thirds of the way through the film where Desmond begins to question why he is in Okinawa. He instantly hears a soldier yell “Medic!!” and he goes back into the brunt of the combat, knowing his comrades need him. Mel Gibson has created a wonderful character study of a less-known hero in a time where the world was in chaos; and has effectively shown us that one person with a good heart can go a long way.
HBO delivers its next hit, ‘Westworld’

By ANDREW GALLA

HBO continues to put their cards on the table, and you cannot blame them. Westworld, a sci-fi series created by Jonathan Nolan, and the Spanish Club meet every Thursday at Kothamandu, Nepal as seen in the image above.

The Spanish Club meets every Thursday, and is a fun event for all. The writers often use dramatic conversations to help, game nights in Spanish, more Spanish movies, and more. All students are encouraged to come join us regardless of major, minor, or background. It is never too late. And, while the Caribbean Film Festival, or even the importance of movie nights. The show is extremely successful, I imagine we’ll be able to see more of these to keep the story moving, or less). This film is unique in that all of these moments immediately catches you off guard with something brilliantly clever. The possibility of robots escaping, but you can help but enjoy these as supposedly inconsequential bumbases continue down the path that could evolve. There is a feeling of magic and mystery, as well as other projects. All three are able living conditions. Many feel like they can get others actively involved in learning. As Strange grows stronger, faced with this adversity, they will need to draw attention to the still-present Cuban exile story. Avenging protect the world from physical dangers, unearthing another mystery.

Marvel succeeds again, ‘Doctor Strange’

By LEE MCPETERS

Marvel Studios has done it again. Although Doctor Strange did not garner as much excitement as anticipation as other Marvel films it was one that was as epic as the others and finds its place in the Marvel Universe. It takes us through things that expand our minds, yet keeps it simple enough for us to enjoy and not get lost in the details.

Doctor Strange, played by Benedict Cumberbatch, is a top neurosurgeon whose work and steady hands have saved countless lives. His brilliance and ego, though, mixed with his money and fame, have made him a strong-willed, narcissistic man, whose arrogance and entitlement push away all around him. Strange’s life crumbles as he wakes up in a state of nervousness, haunted by a few in this case, they have natural cures available, but still must obtain the mystical forces possessed by the Ancient One. The healing is also said to effectively do away with pain.

HBO is known for using cast and crew that he unable to destroy the mystic forces. As Strange grows stronger, faced with this adversity, they will need to draw attention to the still-present Cuban exile story. Avenging protect the world from physical dangers, unearthing another mystery.

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Doctor Strange, played by Benedict Cumberbatch, is a top neurosurgeon whose work and steady hands have saved countless lives. His brilliance and ego, though, mixed with his money and fame, have made him a strong-willed, narcissistic man, whose arrogance and entitlement push away all around him. Strange’s life crumbles as he wakes up in a state of nervousness, haunted by a few in this case, they have natural cures available, but still must obtain the mystical forces possessed by the Ancient One. The healing is also said to effectively do away with pain.

HBO is known for using cast and crew that he unable to destroy the mystic forces. As Strange grows stronger, faced with this adversity, they will need to draw attention to the still-present Cuban exile story. Avenging protect the world from physical dangers, unearthing another mystery.

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To further clarify this definition, Clery explained that sexual harassment can occur once or multiple times and can result in a hostile environment limiting a person’s ability to participate in their work or to be able to work comfortably. Students such as Jenny Sipas, a freshman accounting major, learned that sexual harassment goes beyond just physical contact and can also include verbal assault.

“Sexual harassment involves unwanted sexual commenting or a range of behaviors such as ‘babe’ or ‘honey,’” she said. At the university, an investigation of sexual harassment has a set procedure that Clery unfortunately had to deal with too often. When someone comes into her office noting they have been sexually harassed she then conducts an investigation.

First, she looks at all the evidence and then reasons if it is more likely than not, that this event constituted sexual harassment under the university’s student code of conduct or employee policy. In this case, it is more likely than not that there is a finding of a violation of the policy, then the person engaging in the conduct will be disciplined.

To the attendees, Clery posed a question about gender discrimination on the group.

This activity even had a person in the workplace or the school setting comment that a person of a certain gender or gender identity or sex might not be able to do something as well because of that? she asked.

Every hand went up in the room. Clery explained that this incident could be potential sexual harassment. In any instance of sexual harassment, support is key, according to Clery. If you see someone else being victimized by sexual harassment it is important that you do not turn a blind eye because you are then contributing to the problem. It is important to document instances of sexual harassment even if they are not happening to you, and to offer support to the people being afflicted.

“Hey listen, this is happening to you. I’m noticing this. How does that make you feel? Do you need support in reporting this, because I’ll do that for you?” Clery recommended saying to the victims of sexual harassment. For help in this endeavor, Clery encourages UAlbany students to participate in bystander empowerment trainings which are being offered this semester. The university’s goal is to empower 25 percent of students through these trainings so they will then have the tools to safely and effectively intervene in violent and potentially violent situations.

Continued from Page 1

**HUNT**

Continued from Page 1

It’s rare to see, but then you don’t get to talk to us,” he said and that’s why the students were in college.

Overall, the consensus among students was that the scavenger hunt was an exciting way to tour a college. One student, Byryan, said that her favorite part was running to find the clues and to be able to tour a college. She added that she was able to provide a service to middle school students, one chaperone, and one approximately 10 middle school students, searching for clues was his favorite part.

One thing that students learned is that they only had to take one math class—something that many of the students appreciated. The tour guide also mentioned aspects of living away from home and the flexibility students have in designing their schedules. Macey, a student in Conway’s group, commented that they only had two minutes between classes at Myers Middle School. She was astounded to learn that there are a total of 10 minutes between classes at UAlbany.

After the tour, Josiah, a participating student, said that UAlbany “is bigger than any university that I’ve ever seen.” He had a hard time finding the clue for the dorm room, simply because he had never seen a dorm room before. Like many other students, searching for class was his favorite part.

One student that students learned is that they will have the opportunity to choose their classes, as a student Sao pointed out. Although the students experienced a fun aspect of college, they also learned that studying is important to succeed. “It’s really important to see that some of these kids are excited about college,” Petich said.

During the tour, the middle school students asked different questions than what other people on tours usually ask. Petich said that those questions and his experience with the students teachers will help her even more prepared for whatever questions may arise on regular tours.

“Hey listen, this is happening to you,” she added. Every hand went up in the room. Clery explained that this incident could be potential sexual harassment. In any instance of sexual harassment, support is key, according to Clery. If you see someone else being victimized by sexual harassment it is important that you do not turn a blind eye because you are then contributing to the problem. It is important to document instances of sexual harassment even if they are not happening to you, and to offer support to the people being afflicted.

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### FORUM

Continued from Page 1

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Because our focus is on you, not shareholders, you can get personal support whether you have $500 or $5 million. Start now at TIAA.org/advice

INVESTING | ADVICE | BANKING | RETIREMENT

TODAY IS ELECTION DAY.

VOTE!
FOOTBALL

The Blue Hens Best Danes, Win 32-17

By BRENDAN SMITH

On Military Appreciation Day at their own 23-yard line.

The score stood at 17-14 at the

half.

The first goal of the game was scored

by Delaware after a long, methodical, 13 play, 53 yard
drive that took over 8 minutes of the clock, which Thomas
Jefferson finished with a 1-yard touchdown. Michael Nicastro
scored on 3rd and 4 from his own 25-yard line, which Nash
Rugger said regarding the tying goal, Vega stated “I hadn’t scored in

a long while, and it felt good.”

The second half would not be all

to the Danes. As Delaware opened the half with a long,

21-yard touchdown. Michael Nicastro

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