State College News
A WEEKLY JOURNAL
NEW YORK STATE COLLEGE FOR TEACHERS

VOL. 1  NO. 14  ALBANY, N.Y., JANUARY 17, 1917
$1.50 PER YEAR

COLLEGE CALENDAR.

WEDNESDAY: 4:40, Y. W. C. A. Meeting; 8:30, Lecture by Prof. Zeublin in Auditorium.
THURSDAY: Promethean.
FRIDAY: 9:00, Class Meetings; Springfield, Y. M. C. A. vs. S. C. T., Albany High School Gym.
MONDAY: 9:00, Mid-year exams begin.

R. P. I. DEFEATS S. C. HOCKEY SQUAD.

Owing to the snow and rain of the past few weeks, which was followed by a warm spell, the hockey squad was unable to use the new skating rink. Practice was held during this time in the gym and an unusually large number joined the squad for a tryout. On Sunday afternoon, however, the ring being in fairly good condition, the squad began its outdoor work. There were enough men present for two teams and a lively practice game and still workout showed that the indoor training of the men had proven a success. Coach Hubbard expressed his approval of the way in which the squad handled themselves on the ice.

The defense trip, consisting of the Laidley brothers and Zellman, was on the job, and few of the forwards were left out. With them, was Van Alstyne before the girls were flukes. The playing of the Oldell brothers and Zellman banded themselves on the ice. The defense trip, consisting of the Laidley brothers and Zellman, was on the job, and few of the forwards were left out. With them, was Van Alstyne before the girls were flukes. The playing of the Oldell brothers and Zellman banded themselves on the ice.

HOCKEY SQUAD.

The following books have been missing from the History and 3 reserve shelves in the Library since the dates mentioned:

Adams, Civilization, Jan. 3
Adams, Growth of the French Nation, Dec. 8
Emerson, Medieval Europe, Nov. 17
Hickey, Discovery of America, vol. 3, Nov. 17
Howard, Preliminaries, Nov. 28
Thwaites, France in America, Nov. 8.

The question arising is twofold: First, Where are the books? and second, and no less important, Where is our student honor?

DR. ELEANOR V. N. VAN ALSTYNE SPEAKS TO GIRLS.

Gives Good Advice.
The following is a brief outline of the main points of a talk made by Dr. Eleanor V. N. Van Alstyne before the girls of the College last Friday morning.

Hygiene—care of the person and general method of living so as to avoid disease and sanitation which deals with the environment.

Principal causes diminish resistance to infection:
1. Exposition to wet and cold.
2. Insufficient and unsuitable food.
3. A deteriorated atmosphere.
4. Worry and excess of all kinds.
5. Alcohol.
6. Condition consequent upon neglect.
7. Auto-intoxication.
8. Headaches.
9. Angina, second and primary.
10. Vertigo.
11. Physical and mental inefficiency.
12. Appendicitis.
13. Simple means of treatment and prevention:
1. For the eyes: at least 8 glasses of water each day.
2. Very important, although disregarded.
3. Eat bully foods.
4. Take plenty of exercise.
5. Avoid excess of meats, sweets and condiments.

PLEASE RETURN!

Those who are inclined to be superstitious are pointing to the record of the State College basketball five and to the various "hard luck" games which have recently lost as proof conclusive that the team is "hoodooed." And surely games played here in Albany against St. Lawrence and Niagara universities, which were lost in the final minutes by only a few points, hold that contention. On top of those experiences now comes the northern trip with unproved hard luck.

Clarkson Tech Win, 41-27.
The team left Friday morning, January 24th, for Potsdam. This village is situated in the far north of the State and the men were on the road from Saturday morning until about five at night. After these ten hours of continuous travel the men were no shape to play. When they took the floor against the Clarkson Tech five they seemed to have lost all taste and "top" to use the technical term. The game was very rough. The umpire, though impartial, was very lax, and this gave the Clarkson men a decided advantage, since they were much heavier and better accustomed to this style of game. Nevertheless, the State College men held their opponents even in the first half, after which the Tech men drew away. By half time they led with a score only 22:17. In the second half the Purple and Gold rapidly fell behind. Captains Jones was about the only man to play up to the usual standard. He played an excellent game throughout and scored three baskets from the field. The contest ended with a score of 41:27 in Clarkson's favor. This score is a much better one than that of last year, when State College lost 48:16.

"Hoodoo" Followed Team On Trip
Purple and Gold Losen Both Games in North

PLANS MADE FOR JUNIOR WEEK.

Junior Talks of What Is Coming.
Examinations are coming, but so is Junior week! Remember, all you juniors, to reserve three dates in your engagement book. February 1st, 2nd and 3rd. The horrors of mid-years will be over then, and you will welcome the chance to re-create yourself.

Junior week! We have heard about it ever since we first came to S. C. T., and we have been told, "You will only be juniors once, so remember!" Now that we are juniors let us say that, while we have enjoyed the process of development immensely, we do desire to reserve our devotion to our College by remembering juniors for another year. So let the slogan be "Now or Never," but let's leave the "never" off.

The Junior reception will take place in the gym. Thursday, February 1st, a preliminary "warming up," as it were, for Friday night, the Prom. Confess it now! Haven't you thought and dreamed about that Prom, at least once a year since you came to college? And you simply can't afford to miss it. And you will welcome the "never" off.

The Junior reception will take place in the gym. Thursday, February 1st, a preliminary "warming up," as it were, for Friday night, the Prom. Confess it now! Haven't you thought and dreamed about that Prom, at least once a year since you came to college? And you simply can't afford to miss it.

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A MID-YEAR REFLECTION.

"A man who will be dishonest in examination will be dishonest anywhere else," the writer heard a State College student remark the other evening. Just how much truth does this statement imply? Is the student who, working under tremendous strain, sees rising before him the spectre of possible failure and avails himself of an opportunity to use someone else's brains liable to be found a liar and a cheat in his business and professional dealings in after life? One hesitates about answering frankly in the affirmative. There are many extenuating circumstances under which a student who yields to the temptation to crib may be almost entirely forgiven. Over work, lack of sufficient rest, illness, may bring about such a nervous state, that under high pressure, one may resort to devices, that under less strained conditions, would be absolutely abhorrent to him.

It cannot be denied, however, that the man who, under any circumstances, allows himself to cheat once will find it far easier to resort to the same means in another examination. As every student of psychology knows, the execution of any action automatically produces a tendency to repeat that action with less mental resistance than was overcome in the first time. Crib once and you will certainly find it easier to do it again. Keep on yielding to this temptation through your four years of college, and at the end of that time, if you have been detected and expelled, you will have laid the foundation of dishonest thinking, which is bound to show itself in dishonorable actions and relationships in after life.

When you go into your mid-year examinations next week, go in resolved to see them through with an honest conscience. Try to enter in as perfect physical and mental condition as you can. For nearly twenty years he has played the game of basketball. During that time he was first an amateur, then a "semi-pro," and finally a full-fledged professional, beginning with the unfortunate incident that recently happened in connection with the basketball team, and so many seen misinformed, that we think it advisable to speak a true and impartial opinion upon the matter. In doing so we naturally regret that it was at all possible for such a thing to happen and especially at this stage of the game, when co-operation and good will are most essential for a successful team. We are disappointed and somewhat grieved to find much greater lights of our basketball men examples of absolutely abominable spirit, but since they exist, we are ready to face the situation squarely.

Mr. Wachter fills his position as our basketball coach, because he is an expert. For nearly twenty years he has played the game of basketball. During that time he was first an amateur, then a "semi-pro," and finally a full-fledged professional, becoming as such one of the world's best players. It late years he has been a successful coach of college basketball. We are mentioning these facts merely to show once more that the man who coaches our team knows the game and is well fitted to judge the faults of any player. Therefore it seems but natural that the students of the College expect of the players, for whose benefit advice and that they follow it to the best of their ability.

If economy must be employed—and no one has a monopoly on this reform—why exhibit publicly your lack of education? The same care was absent in the matter of salaries in other departments. Is politics to rule in the selection of these cuts? Why jeopardize the future of the College by niggardly appropriations? The increases asked for should be carefully scanned and if deserved should be granted. Economy might be employed in the purely political positions with more propriety. Don't stifle education. Don't sacrifice the future of this College on the altar of political expediency.
ST. LAWRENCE WINS, 24-23.

Saturday the men, after a good rest, traveled to Canton, N. Y., where they opposed the five of St. Lawrence University. The team went there resolved to do their utmost to recover the defeat at the hands of the upstate five earlier in the season in Albany by a score of 24-23. But for some exceptionally "hard luck" and some decidedly partial refereeing they would have done so. However, under the circumstances the best they could do was to force the St. Lawrence aggregation into an extra period game, the score at the end of the second half being tied at 23-23. This score limits at the close struggle through out the game. The State College men did not succeed in getting together during the first half and were held without a field basket. On the other hand, St. Lawrence also found the defense of the Purple and Gold somewhat of a puzzle, and owing to "Big Fitz's" steady shooting from the foul line the up-state five had a lead of only 8:5 when the whistle blew for the first half to end. Gowey had been taken out of the game on account of his personal fouls committed.

It was in the second period that the real fight took place. To open this half St. Lawrence scored a basket. Captain Jones, playing at forward, dropped through the basket good, the St. Lawrence guard, Sey then shot a foul, and with a sensational basket from the foul line and Noble made one of them count, thus winning the game for his team by a score of 24-23.

The score:
- State College, E.R. E.P. E.P. S. Fitzgerald, ed. 14 8 1
- Gowey, f. 8 9
- Peckham, e. 6 2
- Jones, e. 2 2
- Miller, e. 1 2
- Noble, f. 1 2

Totals: 5 5 12 2 1

- St. Lawrence, E.P. E.P. S. Fitzgerald, ed. 14 8 1
- Seymour, e. 6 2
- Gowey, f. 8 9
- Peckham, e. 6 2
- Jones, e. 2 2
- Miller, e. 1 2
- Noble, f. 1 2

Totals: 5 5 12 2 1


State College Plays Springfield Y. M. C. A. College Friday Night.

On Friday night the College will play one of the fastest New England college teams, Springfield, who will be the opponents, recently was defeated by Dartmouth by only three points on Dartmouth's floor. Everybody should see this game.

PLAYS MADE FOR JUNIOR WEEK (Continued from page 1)

It then the toastmaster is to be — well, come and see! That's all for now. More later! Don't forget! February 1st, 2nd and 3rd. Your "memos" book will not be complete without some souvenirs of these three occasions.

JUNIOR.

PROMETHEAN.

A meeting of the Promethean Literary Society will be held in the auditorium Thursday evening, January 18th at 8:30. This time nominations for president and vice-president will be made. Think this matter over carefully and be prepared to nominate the best possible members to fill these responsible positions. The program will be on Dickens and will include readings and music.

FORENCE'S LYCEUM QUARTETTE.

An entertainment for the benefit of the College memorial will be given in the College Auditorium Monday, Feb. 5, 1917, at 8 P.M. Forence's Lyceum Quartette has been engaged and an attractive program is assured. A description of this quartette will be found on the bulletin board. Over one hundred students are selling tickets, thus anyone desiring tickets will have no difficulty in securing them. As this is a worthy cause there should be a large attendance.

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H. E. NOTES.

The College Department of H. E. will cooperate with the Times-Union this week in furnishing a judge for the letter writing contest on pure foods for housewives of this vicinity. Miss Eva Wilson will act with Mrs. Edward Cameron, of the Woman's Club, and Miss Freeman, of the city Y. W. C. A., in choosing the three best letters, the authors of which will receive some prize of worth. Each afternoon a demonstration will be given by Mrs. Frocking and two college students will assist her. Some day during this week Mrs. Frocking will be at the College to talk to Juniors and Seniors on the commercial side of Home Economics. The education of the public through general lectures and demonstrations is fast becoming a valuable phase of this work and a new field for the trained woman.

Two new books in the H. E. Library of exceptional interest and value are Community Arithmetic, by Brenelle Hunt, and Metric Arithmetic (with answers), by Thomas.

DELTA OMEGA NOTES.

The following officers have been elected for the second semester:

President, Marion Houdjet; vice-president, Edith Rose; re-

cording secretary, Bertha Reedy; corresponding secre-
tary, Margaret Becker; treasurer, Mildred Griffin; news reporter, Delta Ross; critic, Carolyn Bennett.

Louisa Vedder is ill at her home.

Mrs. Dunlap, an alumnus of Delta, now residing in Spring Valley, visited College last week.

COLLEGE CLUB.

The meeting of College Club of January 12th was postponed, as the speaker, Professor York, was very anxious to hear a lecture by Dr. Fosdick, who was a former classmate of his at Colgate. Professor York will speak at the next meeting; the time of which will be announced later.

Y. W. C. A.

The weekly meeting of the Y. W. C. A. is an important one and should be well attended. The delegates of the Student Volunteers will give their reports at this time. Miss Verna McCann has been appointed chairman of the Associated News Committee to fill the place of Miss Louisa Vedder, who has left College because of Illness.

The first meeting after examinations will be a recognition meeting of all the members which have joined this year.

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