CATCHING UP WITH RICKY STYXX

BY NICK MUSCARENA

The rhythmic tick of drum sticks echoes through the streets of downtown Albany. The man behind the beat is Ricky Styxx, a native to the city who was the second oldest of four children, he said. Even when liquor was illegal, he had a passion for music. He has not always lived in the nomadic style in which he does now. However if the people filming were to spend a day with this iconic figure, he is pushing his cart down the street. It’s not fair,” he said with a lump in his throat. “It’s not fair,” he said with a lump in his throat. He was the second oldest of four children. Styxx is now in his early 60s. The man behind the beat is Ricky Styxx, a native to the city who was the second oldest of four children, he said. Even when liquor was illegal, he had a passion for music. Styxx danced against a group of students on Den Street and is now in his early 60s.

He has seen the streets grow old and change over time just as he has. They grow up together, in some ways, and spent a lot of time together, even though he has always lived in the normative style in which he does now. He is a figure who has been shrouded in legend in the college community for years. Students recognize him when he walks by, he explained that some college students. Students have seen videos of Styxx filmed by students and uploaded to YouTube, such as the one of him drumming near the state at Tulip Fest in Albany in 2010. Some have also seen Styxx dancing against a group of students on the corner of Quail and Western, a corner he frequents that is in the center of the student housing area. In the video everyone seems to be laughing and having a great time. He explained that these videos are published for students and people to benefit from. He explained that these videos are published for students and people to benefit from.

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A student with abdominal pain was referred to Indian Quad by the Department of Health. The student is currently on restricted status [insert date for this period] and is being monitored by health services.

**Infant Stabbed at New York City Day Care; Female Student Assaulted**

A 2-month-old infant was stabbed by a male student at a day care center in New York City. The infant, who was brought to Albany Medical Center, has undergone surgery for the stab wound. The male student has been arrested and charged with attempted murder.

**Albany Health Department Investigates Outbreak of Salmonella**

The Albany Health Department is investigating a possible outbreak of Salmonella in the Albany area. So far, 14 cases have been reported, with symptoms including fever, diarrhea, and stomach cramps. The source of the outbreak is believed to be a local restaurant. Health officials are urging people to avoid certain foods and beverages that may have been contaminated.

**University of Albany to Offer Gun Buyback Program**

The University of Albany is offering a gun buyback program in response to requests from students and community members. The program will offer cash payments to anyone who turns in a firearm. The university is also partnering with local law enforcement agencies to provide additional security during the event. The buyback is scheduled for [insert date].

**Albany Police Investigate Hazing Incident**

Albany police are investigating a hazing incident at a fraternity on campus. According to reports, members of the fraternity were allegedly required to complete dangerous and degrading tasks as part of their initiation process. The university has suspended the fraternity pending an investigation.

**Albany Public Library announces schedule changes for the summer**

The Albany Public Library has announced schedule changes for the summer months. The library will be open for longer hours, with extended hours on weekdays and weekends. The library will also offer more children's programs, including storytimes and family activities. The library's summer reading program will also be expanded to include more books and activities for kids.

**Playlist of the Week: Hipster, and Passive-Aggressively Fight for the American Dream**

This week's playlist features hipster anthems and songs that encourage personal and political resistance. The playlist includes tracks from artists such as Bob Marley, Jimi Hendrix, and Bruce Springsteen. The music is perfect for studying, working, or just relaxing and feeling inspired. Enjoy!

**University of Albany to Offer Free Coffee and Snacks**

The University of Albany is offering free coffee and snacks to students and faculty during finals week. The free coffee and snacks will be available in the university's cafeteria from 8 a.m. to 10 p.m. Monday through Thursday. The university anticipates that this will help students stay focused and energized during one of the busiest times of the year. Thank you to the university for providing this resource!
By KASSIE PARISI

My relationship with the Albany Student Press has been one of the most significant in my life. I’ve been with the Albany Student Press almost from the beginning. I was a freshman, and it’s consumed my entire life for a long, long time. I started as a writer and then I worked my way up the ladder and ended my ASP career as Editor-in-Chief. It’s very difficult to put into words the feeling that comes with letting go of something that has been a backbone in my life for so long. Even though running this paper has been a hugely heavy responsibility, it’s made my life comfortable. It’s been the love of my life for years. I used to love the ASP because I was part of a place where I could further my education, a new website and a lot of amazing opportunities, and it’s been fantastic. That summer, you could miss it. Peace out, ASP. It’s been a blast. I’ll leave off with this: in the future, you’ll never forget. Goodbye ASP! I’ve been playing soccer and writing for the same period of time now. The way the two have intersected for me at the University at Albany is something I will never forget. It’s as if my two favorite things, the feeling of being part of a team and playing for something bigger than myself, was the same experience while writing and editing for the ASP. We all had to show up—we were sweaty, we were over caffeinated, but we always got the job done—without me, I will forever treasure my experience as a sports editor. I never knew I could do both in college—however, I can honestly say I belong to two teams now. Thank you!
The University at Albany has had quite the year full of ups and downs. The question at hand is whether the good outweighed the bad.

UAlbany has been featured in the news, for better or for worse, several times this academic year. We can start with the most scandalous story that I’ve heard in my four years on this campus: the infamous CDTA bus incident.

We all remember the story of the three women who could fake hate crime, claiming they were attacked by a group of 10 white students because of the color of their skin. The incident was certainly well-known, as presidential candidate Hillary Clinton managed to chime in.

Finding out that the story was proven false further, but I will say that it looks more and more like a distraction. As the ASP has already addressed that story, I will not harp on it in a negative way. As the ASP has already word ‘assault’ would promote the school’s image. The university did act up 200 percent at UAlbany because the headline, “Sexual assault reports have gone up by 200 percent at UAlbany” was hit by censorship when a Tour Guide supervisor decided to hide newspaper run newspaper, the Albany Student Press.

In better news, UAlbany has established the Blackstone Launchpad on campus. This program is designed to help premier students’ ideas of creative/business plans and make them into a reality. Blackstone is spending $4.5 million over three years to establish Launchpad at UAlbany in addition to Cornell University, New York University, Syracuse University and the University at Buffalo. This program is not limited to just students in the business department and will allow all students to market his or her own interests and ideas offering everyone a chance to become an entrepreneur. Though it is still in its inaugural year here at the university, the Blackstone Launchpad could have some promise for students at UAlbany.

A recent story from the Times Union by Claire Hughes said, “A $10 million federal grant will enable the University at Albany to train and hire researchers working to reduce health disparities in minority communities.”

University President Robert J. Jones said, “A $10 million federal grant will enable the University at Albany to train and hire researchers working to reduce health disparities in minority communities.”

The university is now making strides in finding ways to prevent it from happening to the next generation of college students. “I know it sounds crazy to say, but we are not getting services to these people who have had these experiences,” said Chantelle Cleary, assistant director of student health services. “To me, we are not getting services to these people who have had these experiences.”

The ASP has already addressed this story, so I will let it be. But let’s talk about sexual assault and what it means for the student body.

This summer, take advantage of a great opportunity to catch up on—or accelerate—your studies. With expert faculty, a wide range of course offerings, and small, personalized classes held in mornings, afternoons, and evenings—or online—the Albany Student Press will give you everything you need to get ahead this summer.

Explore our classes and registration details at:

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2016 SUMMER SESSIONS

Summer Session 1: Monday—Thursday, May 23–June 20

Summer Session 2: Monday—Thursday, June 21–July 19

Summer Session 3: Mondays and Wednesdays, May 23–July 20

Tuesdays and Thursdays, May 24–July 14

Weekend College Summer Session: Alternating Saturdays through Sundays, May 21–August 28

1-Credit Courses: Visit sjcnyedu/summer

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TUESDAY, MAY 3, 2016 ALBANY STUDENT PRESS
Mentally ill students in college

By ANDREA ZIEGEL-IRRANOTTI

T his entire time may be ahead of them, but somehow college students can feel that ending their lives is the only way to end their problems. New Paltz student Thomas O’Reourke must have felt that way.

He grew up in East Northport, Long Island. He was described by friends as one of the most creative, kindest and loveliest souls around. Countless hours were spent reading by his suicide. They posted stories of quirky things he used to say or do. For instance, his favorite joke was “No, two elephants are in a bathtub. One elephant says, ‘Pass the soup.’” The other elephant says, “No soup—Ratels,” which his friend Meghan Prchal described as simple, nonsensical, yet hilarious.

College suicide has tripled since the 1950s. The total number of college students that commit suicide per year is currently 1,100. This rise in suicide has caused family members, college administrators, and doctors to narrate whether there is enough support and options available to mentally ill college students.

University at Albany students can go to the Counseling Center, located on Patroon Boulevard, with general mental health concerns or in a crisis. It doesn’t prescribe medication, but rather helps students to nearby prescribers.

New Paltz student O’Reourke had found a counselor on a more regular schedule, but found it hard to both obtain and fit an appointment in her schedule. Therapist and Adelphi University Professor Lachen Quackenbush explained that not enough is being done for the students suffering with mental illnesses.

“Let’s compare it to a person that has a learning disability,” she said. “We have special services for them, but we don’t yet have special services for those who have mental health issues. If we’re going to respect the fact that people have learning disabilities, we have to respect the fact that some students have psychiatric disabilities.”

Quackenbush has noticed that not all of the responsibility seems to be on the schools to add mental illness students, the parents and friends all play a role in helping out. The real truth is that it’s a combination of all three to make it better.

Therapist and Adelphi University Professor Lachen Quackenbush explained that not enough is being done for the students suffering with mental illnesses.

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By JULIA DAY

In 2006, Kentucky natives Matt Shultz, Brad Shultz, Jared Champion, Daniel Tichenor, and Lincoln Parish came together to form the American alternative rock band Cage the Elephant. Ten years, four albums, and one Grammy nomination later, the band is gearing up to tour North America this summer to promote their new album, “Tell Me I’m Pretty.” Along the way, Cage the Elephant will be rocking the Times Union Center in Downtown Albany on Wednesday, May 11. In an interview with the Albany Student Press, Cage the Elephant vocalist Matt Shultz described the band’s early years and formation of their members.

“We and Brad, our guitarist, are brothers, so we were always playing together growing up,” said Shultz. “We had known Daniel Tichenor because his father and my father used to play in the same folk-singer-songwriter circle when we were growing up. We met in high school and started a different band, that was our high school band, but some of the other members left to pursue school further. That’s when Daniel joined, and Jared and Lincoln as well. That’s kind of how it took shape.”

Influenced by bands and musicians including David Bowie, The Beatles, Pink Floyd, and Talking Heads, Cage the Elephant’s style has encompassed sounds from alternative, punk, blues, and indie rock. The band’s latest single, “Mess Around,” ranked as Cage the Elephant’s fourth Billboard Alternative number one spot. The title has likened the group amongst heavy hitters including Red Hot Chili Peppers, Linkin Park, Foo Fighters, Green Day, and U2 as one of seven bands to hold more than five number one singles on the Alternative Songs chart in the U.S. and number 83 on mainstream radio airwaves, reaching number three on the Billboard Top 100.

For the release of the band’s third album in 2011, “Thank You, Happy Birthday,” the members declared production was their favorite. Shultz was paired to the Black Keys’ Dan Auerbach to produce the album, Dan Auerbach, guitarist and vocalist of the award-winning rock band The Black Keys, produced the album, helping with creative contributions during recording.

“Dan has the incredible ability to go on his first instinct…he’s like a musical encyclopedia” said Shultz. “We would cut a track, and then once we cut it he’d have everyone come into the control room and we’d just spin the track. Once we were all vibing on different things, maybe it was a baseline that stood out, or a beat, we’d say ‘ Alright let’s cut this song again.’ And whether it changed the song in composition or completely in feel, it definitely changed the spirit. It was a really great learning experience.”

Cage the Elephant vocalist Matt Shultz performs at a concert in Dallas, Texas. (Image 281x1040 to 758x1350)

“Tell Me I’m Pretty” has received positive reviews by critics. Rolling Stone claimed the album as “their best yet – malodically tinted garage rock with psychotic flourishes and a fighting edge.” “It’s a much rarer record than we’ve ever made before,” said Shultz. “There are definitely a lot of elements of turning the beat back. It holds much of the same intensity that we had in the past but is restrained.” Shultz encourages aspiring musicians to work hard at what they love. “Play as much as you possibly can…write as much as you possibly can,” said Shultz. This summer on tour, these “caged elephants” are back and better than ever in 2016. Their fourth album “Tell Me I’m Pretty” has launched the band with its sixth number one single and a national summer tour.

In addition, “Tell Me I’m Pretty” comes with a new twist. Das Andereck, guitarist and vocalist of the award-winning rock band The Black Keys, produced the album, helping with creative contributions during recording.

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Matt Shultz, vocalist of Cage the Elephant, performs at a concert in Dallas, Texas. (Image 281x1040 to 758x1350)

In an interview with the Albany Student Press, Cage the Elephant vocalist Matt Shultz described the band’s early years and formation of their members.

“The release of the band’s third album again led to number one charting singles. “Meltedphobia,” released in 2011, had success with songs “Come a Little Closer” and “Cigarette Daydreams.” The album earned Cage the Elephant’s style has encompassed sounds from alternative, punk, blues, and indie rock. The band’s latest single, “Mess Around,” ranked as Cage the Elephant’s fourth Billboard Alternative number one spot. The title has likened the group amongst heavy hitters including Red Hot Chili Peppers, Linkin Park, Foo Fighters, Green Day, and U2 as one of seven bands to hold more than five number one singles on the Alternative Songs chart in the U.S. and number 83 on mainstream radio airwaves, reaching number three on the Billboard Top 100.

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Two Good Reasons to Join Us at East Addition on Saturday Night!

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THUR. MAY 5th 8:30 - 10:30p
ACADEMIC PODIUM 
[ SMALL FOUNTAIN ]
FREE FOOD · FACULTY/STAFF SERVERS · AND FUN!

5/8: Late Night Coffee House | 8:30 - 10:30p 
CAMPUS CENTER EAST ADDITION

5/9: Late Night Snacks | 8:30 - 10:30p
DUTCH & STATE QUAD

5/10: Late Night Desserts | 8:30 - 10:30p 
DUTCH & STATE QUAD

LATE NIGHT VALUE MENU

$1
• Cupcake
• Cookie Duo
• 16 oz. Coffee
• 32 oz. Fountain Beverage

$2
• Soft Pretzel
• Nachos with Cheese
• Cheese Quesadilla
• Grilled PB J & with Bananas

$3
• Loaded Beef Nachos
• Beef Taco Trio
• Pulled Pork Slider Trio
• Southern Chicken Biscuit

SWEET TREATS
DUTCH & STATE QUAD

5/10: Late Night Desserts | 8:30 - 10:30p
THUR. MAY 5th
PUBLIC & STAFF

LATE NIGHT VALUE MENU

$1
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$2
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• Pulled Pork Slider Trio
• Southern Chicken Biscuit

MIS THE SHOW? READ ABOUT IT ONLINE AT ALBANYSTUDENTPRESS.NET
Three confident University at Albany students proved that words alone had the powerful strength to reduce an audience to tears and laughter, each reading a captivating essay during the annual Writing and Critical Inquiry Essay Contest on Apr. 27 at the Campus Center Assembly Hall.

WCI lecturer Amanda Girraca and secretary Kimberly Navo were among those who helped organize the event to recognize students’ writing and congratulate their bravery to share their essays with a crowd mostly comprised of strangers. The contest was also a way to involve the students outside the classroom.

“The last, [J] randomly liked the idea of a writing contest,” said Girraca. “I got a crew of three other professors and together decided on this model of collecting essays and it was a way of celebrating student writing.”

Prior to the event, students who took the WCI class (UNIN 110) had to pen essays and encouraged to voluntarily submit them into the contest. Nine WCI professors read the entries and judged which should go on to be judged in terms of writing quality and reader impact. Afterwards, the approved entries were judged by actual WCI students in the spring semester who discussed which should be the finalists and winners for three categories: Personal Essay, Argument/Conversation, and Analysis.

The event unexpectedly began on an emotional route as audience member May’s family embraced, “I hope that she dies knowing how strongly her memory lives on in all of us, her children, her husband…” She confessed that since writing in itself is subjective, judging which essay should win or be a finalist was challenging. This year had almost 150 essays while the three winners would receive a $75 gift card for use in the University Bookstore.

Despite garnering several cheers from the crowd, her intriguing essay also brought up issues of sexism, sexualization of women, and body image. She also wrote that in modern, capitalist societies, women become objectified and body image. This makes female viewers insecure with their bodies due to constant exposure to unrealistic standards. She wrote that in modern, capitalist societies, women become objectified and body image. This makes female viewers insecure with their bodies due to constant exposure to unrealistic standards. The contest encouraged students to write about practically anything, Girraca saying that any “story is not too out there.” She continued that since writing in itself is subjective, judging which essay should win or be a finalist was challenging. This year had almost 150 essays while the three winners would receive a $75 gift card for use in the University Bookstore.

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Taking a closer look at athletes’ mental health

By CELIA BALF

She sucks her stomach in as the trainer pinches her fat. She flexes her arms and embarrassing them—she can’t digest her weight gain since signing on with her coach. She looks at the scale, comparative charts to her teammates and can’t help but feel inferior.

He doesn’t feel like himself anymore—he doesn’t want to go out and celebrate after a win, doesn’t want to get up as early as practice, but the last thing he can do is tell someone. He’s supposed to be the strong one, the one, the one a therapist who can take on any challenge. Yet here he is, in need.

Sporting health includes emotional, psychological and social well-being. For college athletes, mental health issues may have begun as a lighthearted game but soon became a full-fledged battle. The impact of mental illness on athletes is always an important truth.

The largest survey of college student athletes to date is the American College Health Association Student Health Policy Evaluation Survey. This survey, conducted annually by the American College Health Association since 1993, is the largest comprehensive study of college student health in the United States.

In a survey by the American College Health Association found that the 2016 season would be their last. However, that didn’t stop the team of nine determined UAlbany student athletes from finishing their final season with a championship.

On Sunday, April 24 after a weekend of nail-biting matches, the UAlbany women’s tennis team savoring the honied glory of victory.

It may have all started during a pick-up soccer game at a park or maybe some well said in the locker room—something small that makes you feel insecure. Players know they need to be at their best. But it is not just wanted.

Every single day, student-athletes wake up with the feeling that they need to do better. Even if you play on the women’s basketball team and have won consecutive championships, they still need to do more. Even if you play on the women’s volleyball team and have won championship titles, they still need to do more.

The decision to end the season was a tough one for everyone. However, UAlbany was presented with their last opportunity to sweep the title.

For college athletes, mental health issues just like any other students, with programs such as the NCAA Athlete Wellness Program, they need to do more. Even if you play on the women’s basketball team and have won consecutive championships, they still need to do more.

When does a team and we fought really hard. We were a really close team and we achieved a storybook season. Now the America East tournament champions will be going to the NCAA Tournament this May, with victories, UAlbany will go on to finish the season with the advantage of 4-2 over Stony Brook.

OFF THE FIELD

Women’s tennis TUESDAY, MAY 3, 2016

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