

# Use QuickTime Player to Screen Record Online Videos



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Expect the first time you try this it will be a practice run. Open the browser and display the video. If possible, set the start point a few seconds before the start point of what you want to capture. Use the left and right arrow keys on the keyboard to advance in small increments.

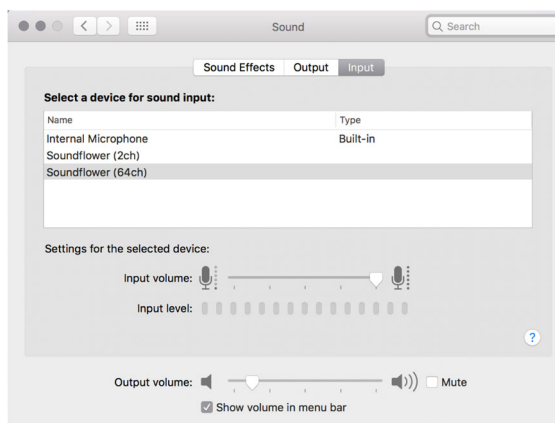
When ready to record, set the sound preferences.  
At the top of the screen, select the Apple



Select System Preferences > Sound

Select the Input tab.  
Select Soundflower (64ch). Adjust volume.

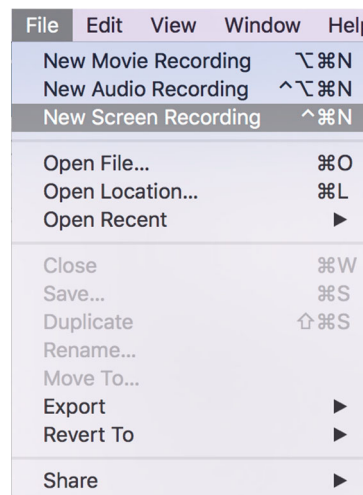
Select the Output tab.  
Select Soundflower (64ch). NOTE: you cannot listen to the video while recording.



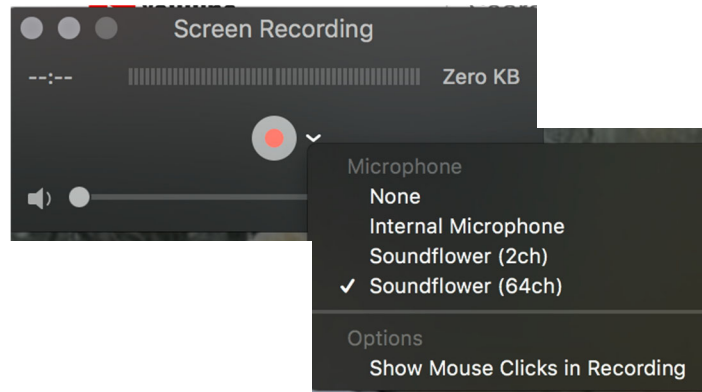
Open QuickTime Player from the Applications folder. Display the video as large on screen as you need; do not select full screen if the display deteriorates. For example, use Theatre mode in YouTube.

To begin screen recording select File > New Screen Recording from the menu bar.

Reminder: You will not be able to listen while recording.



Select the dropdown arrow; confirm Soundflower is the microphone.



Press the record button.  
Drag to select the area to record.  
Select start recording.

Go to the Browser and select play.

To stop recording press Command/Control/esc or click and hold QuickTime Player on the Dock and select stop recording.

Select the volume button on the menu bar and change output device to Headphones to listen to your recording.

To trim clip, from the menu bar select Edit> Trim Clip. Adjust the start and/or the end point.



To adjust in small increments use the left and right arrow keys on the keyboard. Select Trim

To save recording select File > Save as > QuickTime movie. A [.mov] file is created. Options for trimming the video and converting to MP4 are available video editing applications.

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