Creating Drop Shadows with Photoshop

The drop shadow (sometimes called a “box shadow”) is an effect often found in catalog photographs, advertising images, and Web pages. It is created by separating the subject object from the background and adding a custom shadow. Sometimes the background is deleted, other times it is substituted out or modified. The resulting effect creates the illusion that the object is floating in space.

In the image on the right, the bagel is separate from a background and a drop shadow is applied. The added depth, and illusion of floating, enhances the photo, gives an illusion of 3-D, and makes the picture more interesting.

Getting Started

Start Photoshop. Select Window > Workspace > Essentials (Default) on the Menu bar. The workspace will resemble the illustration below.

You will need the Tool bar and the Layers pallet open and available. The Layers pallet should appear when you select Essentials. If it does not, click Window on the Menu bar and then click Layers on the drop down menu.
Open the photograph you wish to use into Photoshop. You can use any photo you desire, but for ease of learning, you may wish to work with a photograph of an object with simple sides.

The briefcase photograph has certain characteristics that make it nearly ideal for this type of project. Note that the object is photographed against a light background that provides a high level of contrast. This makes it easy to follow the edges of the briefcase, the subject of the photograph, to create an outline for selection. Even though there are some natural shadows, they are not significant enough to cause problems.

NOTE: It is important that you never work on the original file. If you accidentally overwrite the original photo, it will be lost. That means you cannot start over totally from scratch. We strongly suggest that at the very least you save this file in the Photoshop, PSD format. In the next steps, we will follow a series of steps that will make your project easy to accomplish.

Here is a quick series of steps that will allow you to make a Photoshop images ready for editing:

1. [shortcuts on Windows] Press Control + A on the keyboard (or click Select on the Menu bar, then click All) to select all. The Photoshop “marching ants” will appear around the edges of the photo.
2. Press Control + C to copy the image inside the marching ants (or click Edit on the Menu bar and then click Copy)
3. Press Control + N on the keyboard to open the New image panel (or click File on the Menu bar then New)
4. Give your new image a name
5. Specify a white background
6. Click OK. A blank image will appear
7. Press Control + V to paste the image that is in the memory (or click Edit on the Menu bar, then Paste)
Now you are ready to edit! Your new image will resemble the one on the right.

The Layers pallet will resemble the one displayed on the right. Note that there are two layers. One is the background, the other is Layer 1. Layer 1 is the image layer.

Close the original photograph so that only this working image is open in Photoshop.

To the right of each layer item in the Layers pallet is a visibility icon that looks like an eye. This icon controls whether or not the layer is shown on the screen. You can turn a layer on or off by clicking the button. This button does not delete a layer, it only controls whether or not you can see it.

As a safety measure, in case you make a mistake, we suggest that you duplicate the image layer.

Select Layer 1 clicking on it once. The layer is highlighted when it is selected.

Click the small button that looks like little hash marks with an arrowhead that points down in the top right corner of the Layers pallet.

Click Duplicate Layer from the drop down list that appears.

Enter “Work layer” in the Duplicate panel. Click OK.

The new Work layer is added to the Layers pallet.
Click the Layer 1 eye to turn off that layer. The illustration on the right shows how this should look.

Select the Work layer.

Click the Zoom tool on the Tool bar.

Move the Magnifying Glass tool onto your photo and click several times to enlarge it. Use your own judgment as to how much to click.

Now you are ready to start making the drop shadow effect. The first step is to separate the subject from the background. There are several ways to do this, and you have the choice of two or three tools and techniques. However, for this exercise you will use the Pen tool because it is easy and reliable.

Click the Pen tool on the Tool bar. Place the Pen tool at a convenient starting point where it is easy to differentiate between the subject of the photo and the background.

Place the Pen tool at a convenient starting point where it is easy to differentiate between the subject of the photo and the background. In the example on the right, we have started at a corner of the briefcase.

Click once to make your first Pen tool point. This is the first step to make a path that you will later convert to a selection.

Move the Pen tool to another position and click again. A path line will appear from the first point to the second.
Continue doing this around the subject of your photo.

Here are some tips to make this the process successful:

- Separate the points by longer distances when the edges of the subject are straight
- Make the points closer together on curve. The tighter the curves, the closer the points.
- Use caution when you are adding points in dark areas of your photo because it is hard to see what is in those areas
- Furry or fuzzy objects, such as cats, grass, and clouds are much harder to outline

Continue around the subject until it is completely outlined. When you return to the starting point, click on it to complete the path. It will become a solid line.

Click the Paths tab in the Layers pallet to switch to the Paths pallet.

Click the Load Path as Selection button at the bottom of the Paths pallet.

The path will be converted to a selection and the subject of the photo will be outlined by the Photoshop marching ants.
Press Control + C on the keyboard or click Edit on the Menu bar then Copy on the drop down list. The selection is now loaded into the clipboard.

Press Control + V for paste or click Edit on the Menu bar then Paste on the drop down list.

The selection, your subject, is now on a new layer. Click the Layers tab to return to the Layers pallet. A new layer appears.

Now you should keep the new layer and the background layer on, but turn off any other layers. This is illustrated on the right.

**Making the Drop Shadow**

Now you will apply the drop shadow.

Click Layer on the Menu bar. Select Layer Style from the drop down menu.

Click Drop Shadow on the pop out menu.

The Layer Style panel is shown on the right.

Make sure that the Preview box is checked.

Customize the drop shadow until you are satisfied with the appearance. You can:
- Select the Blend Mode create a specialized appearance
- Control the Opacity of the shadow
- Adjust the angle of the light that creates the shadow
- Specify the distance from the subject to the shadow
- Control how far the shadow spreads
- Select a size for the shadow
- Specify the contours of the shadow for specialized effects

Click OK when you are done. The subject of your photograph now has a drop shadow!